



## **Canadian Midwifery Registration Exam (CMRE)**

### **Approved Reference List/ Liste de Références**

**Revised January 2024**

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## Canadian Midwifery Registration Exam Approved Reference List

This reference list is a living document in that it is regularly amended by the Canadian Midwifery Registration Examination (CMRE) working group members who are registered midwives from community and academic settings across Canada.

The purpose of this extensive, but not exhaustive list is to provide working group members resources to create, amend and validate items for the CMRE. This list can also be used as a study tool by individuals who are eligible to prepare for and write the CMRE.

For those preparing to complete the CMRE in hopes of registration, it is strongly suggested that any midwifery textbooks used in preparation are comprehensive and less than five years old. The texts and other resources should contain information that covers the full spectrum of knowledge required of the entry-level midwife as set out in the *Canadian Competencies for Midwives*.

Furthermore, it is important to study the Canadian policies and guidelines related to the provision of care (e.g. Consult and Transfer, Drug and Diagnostic Testing Schedules, etc.) as found in the various provincial/territorial Registrants' Handbooks. Only the requirements that are the same across all Canadian regulated jurisdictions will be tested on the CMRE, so any one of the provincial/territorial Registrants' Handbooks can be used to study for the exam. We suggest that you use the Handbook for the province or territory where you will be applying for registration.

The following is a list of textbooks and resources that may prove helpful in reviewing midwifery skills and knowledge as you prepare for the CMRE. The questions on the CMRE have been referenced to one or two resource materials. Please note that we do not sell or endorse these references and cannot suggest a single "best" text for review. We have attempted to include the latest editions in this list; however, newer editions may be available.

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Coad, M., Penley, K., & Dunstall, M. (2019). (4<sup>th</sup> ed). *Anatomy and Physiology for Midwives*. Edinburgh: Churchill Livingstone.

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## **Mental Health**

Martin, C.R. (2012). *Perinatal mental health: A clinical guide*.

## **Midwifery Emergency Skills Handbooks**

Association of Ontario Midwives. 2021. *Emergency Skills Workshop Manual. 7<sup>th</sup> edition*.

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