



Canadian Midwifery Registration Exam (CMRE)

Approved Reference List/ Liste de Références

Revised November 2019

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Canadian Midwifery Registration Exam Approved Reference List

This reference list is a living document in that it is regularly amended by the Canadian Midwifery Registration Examination (CMRE) working group members who are registered midwives from community and academic settings across Canada.

The purpose of this extensive, but not exhaustive list is to provide working group members resources to create, amend and validate items for the CMRE. This list can also be used as a study tool by individuals who are eligible to prepare for and write the CMRE.

For those preparing to complete the CMRE in hopes of registration, it is strongly suggested that any midwifery textbooks used in preparation are comprehensive and less than five years old. The texts and other resources should contain information that covers the full spectrum of knowledge required of the entry-level midwife as set out in the *Canadian Competencies for Midwives*.

Furthermore, it is important to study the Canadian policies and guidelines related to the provision of care (e.g. Consult and Transfer, Drug and Diagnostic Testing Schedules, etc.) as found in the various provincial/territorial Registrants' Handbooks. Only the requirements that are the same across all Canadian regulated jurisdictions will be tested on the CMRE, so any one of the provincial/territorial Registrants' Handbooks can be used to study for the exam. We suggest that you use the Handbook for the province or territory where you will be applying for registration.

The following is a list of textbooks and resources that may prove helpful in reviewing midwifery skills and knowledge as you prepare for the CMRE. The questions on the CMRE have been referenced to at least one and usually two of the following resource materials. Please note that we do not sell or endorse these references, and cannot suggest a single "best" text for review. We have attempted to include the latest editions in this list; however, newer editions may be available.

Anatomy and Physiology

Coad, M. & Dunstall, M. (2012). (3rd ed). *Anatomy and Physiology for Midwives*. Edinburgh: Churchill Livingstone. *Note new edition coming out Oct 2019

Drake, R. (2015). *Gray's anatomy for students* (3rd ed.).

Marieb, E.N, & Hoehn, K.N. (2018). *Human anatomy and physiology* (11th ed.). Pearson

May, L. (2012). *Physiology of prenatal exercise and fetal development*.

Preston, R. & Wilson, T. (2013). *Lippincott's illustrated reviews: Physiology*.

Polin, R.A., Abman, S.H., Rowitch, D., Benitz, W.E. (2016). *Fetal and neonatal physiology*.

Rankin, J. (2017). *Physiology in childbearing* (4th ed.) Ballieliere Tindall

Schoenwolf, G.C.et al., (2014). *Larsen's human embryology* (5th ed). Churchill Livingstone
Stable, D. & Rankin, J. (Eds). (2010). *Physiology in Childbearing: with Anatomy and Related Biosciences. 3rd revised edition*. Edinburgh: Baillière Tindall.

Tortora, G. J., Derrickson, B., Forest, M., & Martin, L. (2007). *Principes d'anatomie et de physiologie*. (2^e éd.). De Boeck

Van Meter, K.C. & Hubert, R.J. (Eds.). (2018). *Gould's pathophysiology for the health professions* (6th ed.). St. Louis: Elsevier Saunders

Family Planning, Contraception, and Sexually Transmitted Infections

Hatcher, R.A. (2018). *Contraceptive technology*. (21st ed.). Managing Contraception, LLC

Lalonde, A. & Henneberg, E. (2009). *Sex sense*. Ottawa: SOGC

Public Health Agency of Canada (2016). Guidelines of sexually transmitted infections.

World Health Organization. (2019). *Sexual and reproductive health*. Retrieved from: http://www.who.int/topics/family_planning/en/

Fetal Health Surveillance

Faculty of Medicine University of British Columbia Continuing Professional Development eLearning (n.d.) Fundamentals of Fetal Health Surveillance. Retrieved from: <https://elearning.ubccpd.ca/enrol/index.php?id=35>

Murray, M, Huelsmann, G., & Koperski, N. (2011) *Essentials of Fetal Monitoring* (4th ed.) New York, Springer

Lee, L., Sprague, A., Yee, J., & Ehman, W. (2009) *Fundamentals of fetal health surveillance: a self-learning manual* (4th ed.). Vancouver: Canadian Perinatal Programs Coalition; 2009.

Available from:

<http://www.perinatalservicesbc.ca/health-professionals/education-development/fetal-health-surveillance>

Global References

World Health Organization (2019). Maternal, Newborn, Child, and Adolescent Health. Retrieved from: https://www.who.int/maternal_child_adolescent/en/

Indigenous References and Resources

National Aboriginal Council of Midwives (2019). Retrieved from: <https://indigenousmidwifery.ca/>

National Aboriginal Health Organization (2008). Aboriginal midwifery in Canada. Retrieved from: https://www.saintelizabeth.com/getmedia/5b080031-a443-4d71-8a64-2dc429b4d34f/Celebrating_Birth_Aboriginal_Midwifery_Canada_2008.pdf.aspx

Society of Obstetrics and Gynecology (n.d.). *Indigenous women's health*. Retrieved from: <https://www.sogc.org/en/about/what-we-do/indigenous-womens-health/en/content/about/indigenous-womens-health.aspx?hkey=e85746d2-eb7f-444b-a1c9-34748a448779>

Truth and Reconciliation Commission of Canada (2015). *Honouring the truth, reconciling the future: Summary of the final report of the Truth and Reconciliation Commission of Canada*. Retrieved from: http://nctr.ca/assets/reports/Final%20Reports/Executive_Summary_English_Web.pdf

Lab Analysis

Gronowski, AM. (2004). *Handbook of Clinical Laboratory Testing during Pregnancy*. Human Press.

Williamson, M.A., & Snyder, L.M. (2015). *Wallach's interpretation of diagnostic tests: pathways to arriving at a clinical diagnosis*. (10th ed.). Philadelphia: Wolters Kluwer.

Pagana K.D., Pagana, T.J., (2017) *Mosby's manual of diagnostic and laboratory tests* (6th ed.). St. Louis, Mo: Elsevier Canada

Mental Health

Martin, C.R. (2012). Perinatal mental health: A clinical guide.

Midwifery Emergency Skills Handbooks

Gruenberg, B.U., (2008). Birth emergency skills handbook: Manual for out-of-hospital midwives. Duncan, PA: Birth Muse Press

Fioravanti, M., Helen, K., Leslie, M. A., Moscovitch, L., Willms, Zimmerman, S. (2013). Emergency skills workshop manual (5th ed.). Toronto, ON: Ontario Association of Midwives

Frye, A. (1998). Holistic midwifery: A comprehensive textbook for midwives in homebirth practice.

Regroupement Les sages-femmes du Québec (RSFQ). (2015). Manuel de formation urgences obstétricales. Montréal: RSFQ & CAM-ACSF

Romm, A.J. & Gaskin, I.M. (2014). The natural pregnancy book (3rd ed.).

Faculty of Medicine University of British Columbia Continuing Professional Development eLearning (n.d.) Midwifery Emergency Skills Program. Retrieved from: <https://elearning.ubccpd.ca/enrol/index.php?id=81>

Midwifery Texts

Avery, M. (2013). Supporting a physiologic approach to pregnancy and birth.

Bardacke, N. & Kabat-Zinn, J.K. (2012) Mindful birthing.

Bick, D., MacArthur, C., & Winter, H. (2008). Postnatal care.

Brabant, I. (2013). Une naissance heureuse; bien vivre sa grossesse et son accouchement (3^e éd.). Montréal : Éditions Fides.

Byrom, S. & Edwards, G. (2007). Essential midwifery practice.

Chapman, V. & Charles, C. (2018). The midwife's labour and birth handbook (4th ed.).

England, M. (2012). Communication skills for midwives.

Johnson, R. & Taylor, W., Eds. (2016). Skills for midwifery practice, (4th ed). Edinburgh: Churchill Livingstone/Elsevier

Kennedy, B.B., & Baird, S.M. (2017). *Intrapartum management modules: A perinatal education Program* (5th ed.). Philadelphia, PA: Wolters Kluwer

King, T., Brucker, M., Jevitt, C., & Osborne, K. (2019). *Varney's midwifery* (6th ed.). Burlington, Massachusetts: Jones & Bartlett Learning

Macdonald, S. & Johnson, G. (Eds.). (2017). *Mayes' Midwifery: A Textbook for Midwives* (15th ed.). Elsevier – Health Sciences Division

Marshall, J.E., Raynor, M.D., Myles, M.F. (Eds.). (2014). *Myles Textbook for Midwives*. (16th ed.). Oxford: Churchill Livingstone.

Page, Lesley, Ann (Eds.). (2006). *The New Midwifery: Science and Sensitivity in Practice* (2nd ed.) Churchill Livingstone: Elsevier.

Page, L., Percival, P., Simon, A., & Teurnier, F. (2004). *Le nouvel art de la sage femme: science et écoute mises en pratique*: Paris : Elsevier SAS.

Pairman, S., Tracy, S., Thorogood, C., & Pincombe, J. (2015). *Midwifery : preparation for practice* (3e. ed.). Chatswood, NSW: Churchill Livingstone

Reuwer, P., Bruinse, H., & Franx, A. (2015). *Proactive support of labor*.

Smith, R.P. (2015). *Netter's Obstetrics & Gynecology*. (2nd ed.). Philadelphia: Saunders

Steen, M. (2012). *Supporting women to give birth at home*

Simkin, P., Hanson, L., & Ancheta, R. (2017). *The labor progress handbook : Early interventions to prevent and treat dystocia* (Fourth edition.). Hoboken, New Jersey: John Wiley & Sons Inc.

Sinclair C. (2003). *A midwife's handbook*. Toronto: Saunders

Walsh, D. (2012) *Evidence and skills for normal labour and birth, a guide for midwives*. Great Britain: Routledge.

National Resources

Canadian Association of Midwives (2019). Retrieved from:
<https://canadianmidwives.org/>

Canadian Midwifery Regulators Council (n.d.) Retrieved from:
<https://cmrc-ccosf.ca/>

Neonatal Care, Resuscitation, Physiology, and Pathophysiology

American Academy of Pediatrics (2016). Guidelines and ground transport of neonatal and pediatric patients.

Cloherty, J.P., Eichenwald, E.C., & Stark A.,R. (2013). Manual of Neonatal care (7th ed.). Philadelphia: Lippincott Williams & Wilkins. Available at:
<http://www.ypeda.com/attachments/article/150/manual%20of%20neonatal%20care%207th.pdf>

Kelnar C. (2007). The sick newborn baby. Oxford: OUP

Klaus, M.H. & Fanaroff, A.A. (2013). *Care of the high risk neonate* (6th ed). Philadelphia: Elsevier

Gardner, S.L., Carter, B.S., Hines, M.E., & Hernandez, J.A. (2016). *Merenstein & Gardner's Handbook of Neonatal Intensive Care* (8th ed.). St. Louis, MO: Elsevier

Sinkin, R. & Chisholm, C.A. (2017). PCEP neonatal care (3rd ed.).

Sinkin, R. & Chisholm, C.A. (2017). PCEP specialized neonatal care (3rd ed.).

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Weiner, G.M., & Zaichkin, J. (2016). Textbook of neonatal resuscitation (7th ed.). American Academy of Pediatrics and American Heart Association

Newborn and Infant Feeding

Allard, M., Desrochers, A. (2010). *Bien vivre l'allaitement*. Montréal : éditions Hurtubise. (Disponible aussi en EBook).

Arms S., Fisher C., & Renfrew (2004). Breastfeeding (3rd ed.). Santa Rosa, CA: Ten Speed Press

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Mercier, J.-C., Fortin, C., et Santerre, M.-J., (2010). *Guide pratique en allaitement pour les médecins*. Québec : Agence de la santé et des services sociaux de la Capitale-Nationale, Direction régionale de santé publique. Récupéré de <http://collections.banq.qc.ca/ark://52327/bs1971954>

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Mohrbacher, N. (2010). *Breastfeeding answer made simple*.

Mohrbacher, N., *Traité de l'allaitement maternel*, Montréal, Ligue La Leche, 2006

Mohrbacher N., Stock, J. (2003). *Breastfeeding answer book* (3rd rev. ed.) La Leche League International

Murray Davis B, Hutton E, & Wainman B. (2017). *Comprehensive midwifery: an interactive approach to the theory and evidence of practice*. (2nd ed.). Hamilton, ON: McMaster University

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Thureen, P., Hall, D., Deacon, J., Hernandez, J. (2005). *Assessment and care of the well newborn* (2nd ed.) Elsevier

Wambach, K. (2016). *Breastfeeding a human lactation*. Jones & Bartlett Learning.

Obstetrics and Gynecology

Baskett, T.F. (2015). *Essential Management of Obstetrical Emergencies* (5th ed.). Lancaster, England: Gazelle Distribution Trade

Cunningham, G.F., Leveno, K.J., Bloom, S.L., Dashe, J.S., Hoffman, B.L., Casey, B.M., & Spong, C.Y. (Eds.). (2018). *Williams obstetrics* (25th ed.). New York, NY: McGraw-Hill Education Medical

DeCherney, A.H., Goodwin, T.A., Laufer, N., Nathan, L., & Roman, A.S. (2012). *Current diagnosis and treatment* (11th ed.).

Enkin, M., Keirse, M., Neilson, J., Crowther, C., Duley, L., Hodnett, E., Hofmeyr, J. (2000). *A guide to effective care in pregnancy and childbirth* (3rd ed.). Toronto: Oxford University Press. Available online from:
<http://oxfordmedicine.com/view/10.1093/med/9780192631732.001.0001/med-9780192631732>

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Gilbert, E.S. (2011). *Manual of high risk pregnancy and delivery*.

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Lansac, J., Berger, C., Magnin, G., Besnier, J.M., et al. (2006). *Obstétrique pour le praticien* (4e éd). Paris: Elsevier Masson

Lobo, R.A., Gershenson, D.Am., Lentz, G.M., Valea, F.A. (2017). *Comprehensive gynecology*.

Martin, R.J., Fanaroff, A.A., Walsh, M.C. (2015). *Fanaoff and Martin's neonatal-perinatal medicine*.

Morris, T. (2013). *Cut it out*.

Society of Obstetrics and Gynecology. (2019). *Advances in labour and risk management (ALARM): Course manual* (25th ed.). SOGC

Nutrition

Gillman, M.W. & Poston, L. (2012). *Maternal obesity*.

Guthrie, H., Picciano, M.F. (1995). *Human nutrition*. États-Unis, Mosby

Whitney, E., & Rolfes, S.R. (2007). *Understanding nutrition* (11^e éd.). Wadsworth Publishing.

Other

Amyot, A. (2013). *Ma petite mémoire* (5^e éd.). Québec : Décarie Éditeur.

ASPC (2013). *Indicateurs de la santé périnatale au Canada*, Ottawa : Agence de la santé publique du Canada. Lien internet : http://sogc.org/wp-content/uploads/2014/05/REVISEDIndicateurs_de_la-sante_perinatale_au_Canada_2013.pdf

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Clarke, E. (2015). *Law and ethics for midwifery*.

Downe, S., Byrom, S., Simpson, L. (2011). *Leadership, expertise, and collaborative working*.

Ehrlich, A., Schroeder, C., Ehrlich, L., Schroeder, K. (2017). *Medical terminology for health professions*. 8th ed. Clifton Park, NY: Delmar Cengage Learning

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Hackley, B., Kriebs, J.M. (2017). *Primary care of women*.

Holloway K, Bidwell J. (2006). *Monique and the Mango Rains: two years with a midwife in Mali*. Long Grove, Ill: Waveland Pr Inc.

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Mander, R. (2006). *Loss and bereavement in childbearing*.

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OMS (1986). *Charte d'Ottawa pour la promotion de la santé*, Ottawa : Organisation mondiale de la Santé. <http://www.phac-aspc.gc.ca/ph-sp/docs/charter-chartre/pdf/chartre.pdf>

OMS (2014b). *La prévention et l'élimination du manque de respect et des mauvais traitements lors de l'accouchement dans les établissements de soins*
http://apps.who.int/iris/bitstream/10665/134589/1/WHO_RHR_14.23_fre.pdf?ua=1

Pickar, G., Pickar-Abernathy, A., Swart, B., Swedish, M. & Graham, H. (2017). *Dosage calculations* (4th ed. Canadian). Toronto: Nelson Education, Ltd.

Ross, L.E., Dennis, C., Robertson, E., & Stewart, D. (2005). *Postpartum depression: a guide for front-line and social service providers*. Toronto: CAMH

Simkin P. (2013). *The birth partner: A complete Guide to childbirth for Dads, Doulas and all other labor companions* (revised 4th ed.). Boston: Harvard Common Press; 2013.

Santé canada (2008). *Lignes directrices canadiennes sur les infections transmissibles sexuellement*. Ottawa Santé Canada. (en ligne) <http://www.phac-aspc.gc.ca/std-mts/stiits/index-fra.php>

Swearingen, P.L. (2016). All-in-one nursing care planning resource: medical-surgical, pediatric, maternity, and psychiatric-mental health.

Thakar, R., Sultan, A.H., Fenner, D.E., Sultan, A.H. (2007). Perineal and anal sphincter trauma.

Venes, Donald (Ed.). (2017). Taber's Cyclopedic Medical Dictionary (23rd ed.). F.A. Davis Company

Pediatrics

Canadian Pediatric Society. (2019). Retrieved from: <https://www.cps.ca>

Institut national de santé publique du Québec. (2011). *Mieux vivre avec notre enfant de la grossesse à deux ans*. Québec : Gouvernement du Québec. (en ligne)

Laugier, J., Rozé, J.-C., Siméoni, U., Saliba, E. (2006) *Soins aux nouveau-nés, avant, pendant et après la naissance*. (2e éd.). Paris : Masson.

Kilegman, R.M., Stanton, B., St. Geme, J. Schor, N.F., & Behrman, R.E. (2016). *Nelson textbook of paediatrics* (20th ed.).

Martel M.J., Millette I. : *Les soins du développement*, Éditions du CHU Ste Justine, Coll. Intervenir, Montréal, 2006

Pharmacology

Association des pharmaciens du Canada. (2017). Compendium des produits et spécialités pharmaceutiques: l'ouvrage de référence canadien sur les médicaments pour les professionnels de la santé. (en ligne)

Bertram, G., Katzung, G., & Trevor, A.J. (2017). *Basic and clinical pharmacology*.

Briggs, G.G., Freeman, R.K., & Yaffe, S.J. (2014) *Drugs in pregnancy and lactation: a reference guide to fetal and neonatal risk* (10th ed.). Hagerstown, MD: Lippincott, Williams & Wilkins

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Canadian Pharmacists Association. (2017). *Compendium of Pharmaceutical and Specialties: The Canadian Drug Reference for Health Professionals*. (eCPS) Canadian Pharmacists Association

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Osis, M. (2002). *Dosage calculations in SI units* (4th ed.). Toronto: Mosby

Schaefer, C., Peters, P.W.J., & Miller, R.K. (2014). *Drugs during pregnancy and lactation*.

Physical Assessment (Adult and Newborn)

Ball, J.W., Dains, J.E., Flynn, J.A., Solomon, B.A., Stewart, R.W. (2018). *Seidel's guide to physical examination* (9th ed.).

Bates, B., Bickley, L.S., Szilagyi, PG. (2017) *Guide de l'examen Clinique*. (7e ed). Rueil-Malmaison, France: Arnette

Bickley, Lynn, S. (2016). *Bates' Guide to Physical Examination & History Taking* (12th ed.). Wolters: China

Cantin, C., Letendre, F. Martel, M-J., Milette, I. (2014). *Examen clinique du nouveau-né*. Montréal : Éditions du CHU Sainte-Justine.

Jarvis, C. (2019). *Physical examination and health assessment* (8th ed.). Saunders

Lomax, A. (2015). *Examination of the newborn* (2nd ed.).

McNiven, P. & Wainman, B. (2014) *Physical Assessment of the Well Woman and Newborn*. Hamilton: McMaster Pickar, G.A.

Murray Davis B, McDonald H, McNiven P, & Wainman B. (2014). *Physical assessment of the well woman & newborn: An enhanced e-book for midwives*. Hamilton, ON: McMaster University

Société canadienne de pédiatrie (SCP). (2011). *La réanimation néonatale* (6^e éd.). Ottawa: DC :auteur.

Tappero, E.P., & Honeyfield, M.E. (2018). *Physical assessment of the newborn: a comprehensive approach to the art of physical examination* (6th ed.). Springer Publishing Co.

Provincial Midwifery College Websites

Pertinent Information (Registrants' Handbooks, Standards, Policies, etc.)

College of Midwives of Alberta (2019). Retrieved from:
<https://www.albertamidwives.org/>

College of Midwives of British Columbia (2015). Retrieved from:
<https://www.cmbc.bc.ca/>

College of Midwives of Manitoba. (2018). Retrieved from:
<https://www.midwives.mb.ca/>

College of Midwives of Newfoundland and Labrador (2019). Retrieved from:
<http://www.cmnl.ca/>

College of Midwives of Ontario (n.d.). Retrieved from:
<https://www.cmo.on.ca/>

Ordre des sages-femmes du Québec. (n.d.). Retrieved from:
<http://www.osfq.org/>

Saskatchewan College of Midwives (2019). Retrieved from:
<http://www.saskmidwives.ca/>

Practice Guidelines

American Academy of Pediatrics & American College of Obstetrics (2017). Guidelines for perinatal care (8th ed.). Available online: https://ebooks.aappublications.org/content/guidelines-for-perinatal-care-8th-edition?sso=1&sso_redirect_count=1&nfstatus=401&nftoken=00000000-0000-0000-0000-000000000000&nfstatusdescription=ERROR%3a+No+local+token

Association of Ontario Midwives (2019). Retrieved from <https://www.ontariomidwives.ca/>

The Cochrane Library Pregnancy and Childbirth Group. (2019). Available from:
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