



Canadian Midwifery Registration Exam (CMRE)

Approved Reference List/ Liste de Références

Revised 2022

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Canadian Midwifery Registration Exam Approved Reference List

This reference list is a living document in that it is regularly amended by the Canadian Midwifery Registration Examination (CMRE) working group members who are registered midwives from community and academic settings across Canada.

The purpose of this extensive, but not exhaustive list is to provide working group members resources to create, amend and validate items for the CMRE. This list can also be used as a study tool by individuals who are eligible to prepare for and write the CMRE.

For those preparing to complete the CMRE in hopes of registration, it is strongly suggested that any midwifery textbooks used in preparation are comprehensive and less than five years old. The texts and other resources should contain information that covers the full spectrum of knowledge required of the entry-level midwife as set out in the *Canadian Competencies for Midwives*.

Furthermore, it is important to study the Canadian policies and guidelines related to the provision of care (e.g. Consult and Transfer, Drug and Diagnostic Testing Schedules, etc.) as found in the various provincial/territorial Registrants' Handbooks. Only the requirements that are the same across all Canadian regulated jurisdictions will be tested on the CMRE, so any one of the provincial/territorial Registrants' Handbooks can be used to study for the exam. We suggest that you use the Handbook for the province or territory where you will be applying for registration.

The following is a list of textbooks and resources that may prove helpful in reviewing midwifery skills and knowledge as you prepare for the CMRE. The questions on the CMRE have been referenced to at least one and usually two of the following resource materials. Please note that we do not sell or endorse these references and cannot suggest a single "best" text for review. We have attempted to include the latest editions in this list; however, newer editions may be available.

Anatomy and Physiology

Coad, M. & Dunstall, M. (2012). (3rd ed). *Anatomy and Physiology for Midwives*. Edinburgh: Churchill Livingstone. *Note new edition coming out Oct 2019. NEW: Jane Coad, Kevin Pedley, Melvyn Dunstall , *Anatomy & Physiology for Midwives* (2019);

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Van Meter, K.C. & Hubert, R.J. (Eds.). (2018). *Gould's pathophysiology for the health professions* (6th ed.). St. Louis: Elsevier Saunders

Family Planning, Contraception, and Sexually Transmitted Infections

Hatcher, R.A. (2018). *Contraceptive technology*. (21st ed.). Managing Contraception, LLC

Lalonde, A. & Henneberg, E. (2009). *Sex sense*. Ottawa: SOGC

Public Health Agency of Canada (2016). Guidelines of sexually transmitted infections.

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University of British Columbia. *Fundamentals of fetal health surveillance online manual*. Vancouver, (5th ed.), 2020: UBC CPD. Available from: <https://elearning.ubccpd.ca/login/index.php>

Global References

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Indigenous References and Resources

Perinatal Services BC. (2021). *Honouring Indigenous Women's and Families' Pregnancy Journeys: A Practice Resource to Support Improved Perinatal Care Created by Aunties, Mothers, Grandmothers, Sister and Daughters*. Vancouver: Perinatal Services BC, Provincial Health Services Authority.

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National Aboriginal Council of Midwives (2021). *Restoring Midwifery and Birth Workbook*. Retrieved from: <https://indigenoumidwifery.ca/restoringmidwifery/>

National Aboriginal Health Organization (2008). *Aboriginal midwifery in Canada*. Retrieved from: https://www.saintelizabeth.com/getmedia/5b080031-a443-4d71-8a64-2dc429b4d34f/Celebrating_Birth_Aboriginal_Midwifery_Canada_2008.pdf.aspx

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Lab Analysis

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Faculty of Medicine University of British Columbia Continuing Professional Development eLearning (n.d.) *Midwifery Emergency Skills Program*. Retrieved from: <https://elearning.ubccpd.ca/enrol/index.php?id=81>

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Newborn and Infant Feeding

Allard, M., Desrochers, A. (2010). *Bien vivre l'allaitement*. Montréal : éditions Hurtubise. (Disponible aussi en EBook).

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